# **Ch40 Thermoregulation**

## **Animal Form and Function**

- Organisms use free energy to maintain organization, grow, and reproduce
- Physical laws shape evolution and animal's body shape and size
  - The larger the animal, the more metabolism is required to keep it alive

- However, the metabolic rate per body mass has an inverse relationship
  - The smaller the organism, the higher the metabolic rate
  - One idea is that heat is lost at a greater rate in smaller organisms due to a higher surface area to volume ratio
  - Also as body size becomes smaller, each gram of tissue increases in energy cost

#### **Levels of Organization**

Atom  $\rightarrow$  Molecule  $\rightarrow$ Organelle  $\rightarrow$  Cell  $\rightarrow$  Tissue  $\rightarrow$ Organ  $\rightarrow$  Organ system  $\rightarrow$ Organism

#### Homeostasis: Feedback control loops

• Homeostasis = stable internal environment

 Control systems operate around a set point – sensors can detect a stimulus above or below the set point

- Negative feedback = response is to reduce the stimulus
  - Ex: body temperature regulation

- Positive feedback = response is to increase the stimulus
  - Ex: blood clotting and child birth

## Homeostasis: Thermoregulation

• Thermoregulation = how animals maintain an internal temperature within a tolerable range

- Source of Heat
  - Endotherms = maintenance of body temperature is mostly by heat generated by metabolism
    - Ex: mammals

- Source of Heat
  - Ectotherms = maintenance of body temperature is by heat from external sources because of relatively little heat generated by metabolism
    - Ex: invertebrates, fish, amphibians, and reptiles

#### **Homeostasis: Thermoregulation**

- Stability of Body Temperature
  - Piokilotherms = maintaining a body temperature that is the same as the surrounding environment
    - Varies body temperature
    - Ex: most aquatic animals (excluding sea mammals)
  - Homeotherm = relatively constant body temperature

#### Heat Gain and Loss

 Integumentary system = thermoregulation through the skin

 Insulation – reduces the flow of heat between an animal and its environment

## Heat Gain and Loss

- Circulatory system = adaptations to aid in heat retention and loss
  - Vasoconstriction and vasodilation
  - Countercurrent exchange = antiparallel arrangement of blood vessels that aids in heat transfer; flow of adjacent fluids in opposite directions
    - Ex: birds, some mammals, and fish
    - Fish also helps with oxygen intake

### Heat Gain and Loss

- Behavior birds seeking warm places in winter, bees huddling in a hive to retain heat, invertebrates orienting themselves to receive maximum sunlight to become active, preflight warm-up in moths
- Nervous system = thermoregulation center in the brain is the hypothalamus